

## **2023 ACC BRIDGE CHAT TOPICS\***

JANUARY - Spiritual Resilience

FEBRUARY - Unlocking Potential

MARCH - The Art of Negotiation

APRIL - Belonging

MAY - Seeing Beyond your Circumstances

JUNE - Loyalty

JULY - Investing in You (Financial Fitness)

AUGUST - What is a Warfighter?

SEPTEMBER - Communication

OCTOBER - Healthy Relationships

NOVEMBER - Leading Self

DECEMBER - Self Care

\*Please note that monthly topics may change. Check the Bridge website for current listing <https://www.acc.af.mil/About-Us/The-Bridge/> or contact [ACCA1.A1.Bridge@us.af.mil](mailto:ACCA1.A1.Bridge@us.af.mil) with questions.